

VOICE- SPOKEN AND SUNG | LLAIS – SIARAD A CHANU

- A digital dictaphone (most smartphones have this) capable of producing .mp3 files is essential for voice and singing classes as well as rehearsals.

Recommended Reading | Darllen a Argymhellir

The Actor Speaks	Patsy Rodenberg
Voice and the Actor	Cicely Berry
Freeing the Natural Voice	Kristin Linklater
Finding Your Voice	Barbara Houseman
Voice Work- Art and Science in Changing Voices	Christina Shewell
Singing and the Actor	Gillyanne Kayes
Your Rep Book by Adam Wachter (Bloomsbury/ Methuen Drama, 2024)
Musical Theatre Song	Stephen Purdy (Methuen Drama, 2016)
The Reason to Sing: A Guide to Acting While Singing	Craig Carnelia (Routledge, 2021)

SKILLS CLASSES - MOVEMENT / DANCE / SINGING / VOICE | DOSBARTHIAU SGILIAU - SYMUD / DAWNS / CANU / LLAIS

Many of the above skills classes and projects are highly physical and need suitable clothing. Therefore, you will need something you feel comfortable in and which allows freedom of movement.

Mae llawer o’r dosbarthiadau sgiliau uchod yn gorfforol iawn a bydd angen dillad addas. Felly, byddwch angen rhywbeth yr ydych yn teimlo’n gyfforddus yn ei wisgo ac sy’n caniatáu i chi symud yn rhwydd.

YOU WILL DEFINITELY NEED | BYDDWCH YN SICR ANGEN Y CANLYNOL

Water bottle	Potel ddŵr
A <i>portable</i> steam inhaler, which can be bought inexpensively from pharmacies. Steaming is highly recommended, therapeutic and non-invasive; and a good way to relax tired vocal folds after a day of rehearsing.	Anadlydd stêm <i>cludadwy</i> , y gellir ei brynu’n rhad mewn fferyllfeydd. Mae stêm yn rhywbeth a argymhellir yn gryf, mae’n therapiwtig ac yn anymwithiol; ac mae’n ffordd dda i ymlacio tannau llais blinedig wedi diwrnod o rihysio.

For Ballet, Jazz and Tap.

- Black tights, leggings, leotards and shorts. These should be tight and made of stretch type fabric e.g. lycra.
- Split jazz shoes
- Split soled CANVAS ballet shoes
- Tap Shoes with correctly fitted taps (excluding MA)
- Character Shoes (heels for girls should be 1.5-2 inches). Please get the soles rubbered prior to starting the course.
- Underwear which is supportive for both men and women and which is not visible. Male students must wear a dance support for discretion and to avoid injury.

ROYAL WELSH COLLEGE
OF MUSIC & DRAMA
COLEG BRENHINOL
CERDD A DRAMA CYMRU

For Voice, Movement and Conditioning classes,

- Loose plain coloured clothing – no pattern or oversized branding. Avoid black if possible (black can make it more difficult to read the body in relation to alignment and movement specificity. All clothing should have some 'give' /stretch to them to allow full movement - loose fitting sports clothing fulfils this. T shirts should cover the body, avoiding crop tops or low cut trousers – this is in part relevant to and will be addressed in conversations and training regarding consent and intimacy
- Tracksuit trousers and long sleeves should not cover feet or hands and should not fall down
- Shorts may be worn but should also have stretch.

SUGGESTIONS - for reading (and watching!) | AWGRYMIADAU – ar gyfer darllen (a gwyllo!)

Newspapers and Magazines | Papurau Newydd a Chylchgronau

The Guardian/ The Independent/ The Observer (Sunday)/ The Stage

Plays | Dramâu

A Streetcar Named Desire	Tennessee Williams
A View from the Bridge	Arthur Miller
Closer	Patrick Marber
Hamlet	Shakespeare
Some Voices	Joe Penhall
The Caretaker	Harold Pinter
The Government Inspector	Nikoli Gogol
The Three Sisters	Anton Chekhov
The Weir	Conor McPherson
What the Butler Saw	Joe Orton

Books | Llyfrau

Impro: Improvisation and the Theatre	Keith Johnstone
The Empty Stage	Peter Brook
True and False	David Mamet
Acting on Impulse	John Gillett
In-Depth Acting	Dee Cannon
Acting in Musical Theatre	Joe Deer and Rocco Dal Vera
Musical Theatre	Gerry Tebbutt
Bounce	Matthew Syed
How Musicals Work	Julian Woolford
Acting Through Song	Paul Harvard

Familiarise yourself with as much material as you *possibly* can. The list of composers and styles is exhaustive; find out about the wealth and variety of styles, from Rodgers and Hart, through Sondheim and right up to modern day composers. Challenge yourself by listening to a musical written by a composer you have previously never heard of. Styles can range from Jazz, Rock, Pop and even Opera, sometimes within one show, so enjoy finding out about the entire repertoire. There are various categories within Musical Theatre repertoire ranging from Operetta, Golden Age, 60's and 70's, Contemporary Musical Theatre, Sondheim, the British and European Musical of the 80's and 90's and beyond into the most new writing since 2000. Try to familiarise yourselves with all of these.

Ymglyfarwyddwch gyda chymaint o ddeunydd â *phosibl*. Mae'r rhestr o gyfansoddwyr ac arddulliau yn gynhwysfawr; dysgwch am yr amrywiaeth o arddulliau, o Rodgers a Hart, drwy Sondheim ac ymlaen i gyfansoddwyr y cyfnod modern. Heriwch eich hun drwy wrando ar sioe gerdd sydd wedi'i hysgrifennu gan gyfansoddwr nad ydych wedi clywed amdano o'r blaen. Gall arddulliau amrywio o Jazz, Roc, Pop a hyd yn oed Opera, weithiau o fewn un sioe, felly mwynhewch ddysgu am y repertoire cyfan. Mae gwahanol gategoriâu o fewn y repertoire Theatr Gerddorol sy'n amrywio o Opereta, Oes Aur, 60au a'r 70au, Theatr Gerddorol Gyfoes, Sondheim, Sioe Gerdd Brydeinig ac Ewropeaidd yr 80au a'r 90au a thu hwnt hyd at yr ysgrifennu mwyaf newydd ers y flwyddyn 2000. Ceisiwch ddod yn gyfarwydd â'r rhain i gyd.

Audition Technique Books | Llyfrau Techneg Clyweliad

Musical Theatre Auditions and Casting	Neil Rutherford
Auditions - a Practical Guide	Richard Evans CDG
Rock The Audition (first revised second edition)	Sheri Sanders

Useful Websites and Podcasts | Gwefannau a Phodlediadau Defnyddiol

www.whatsonstage.com – news, views and discussions about forthcoming productions | newyddion, barn a thrafodaethau am gynrychiadau sydd i ddod

www.thestage.co.uk – the industry paper, online | papur y diwydiant, ar-lein

www.talkinbroadway.com

Tim Sutton's podcast 'Voice of The Musical' (also available on itunes)

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TRIPOD - Joby Gorillapod or similar

MICS -

For iPhone/iPad plugin with lightning

- Rode VideoMic Me-L
- Shure MV88

For Android phone/tablet with 3.5mm jack

(For these double check that the jacks on mic/phone are compatible - they're generally TRRS)

- Rode VideoMic Me
- Shure MV88+

On Camera

(Again check that the jacks on mic/camera are compatible - they're generally TRS)

- Rode VideoMic Go
- Rode VideoMic Pro

On laptop/PC (USB versions)

- Marantz MPM 1000u
- Blue Yeti

LAPEL Mics:

- Lapel mics are also a great option. Here are links for the RODE Lavalier lapel mic £58 and a Blixo Lavalier lapel mic at £25
- https://www.amazon.co.uk/dp/B07WM65GTF/ref=cm_sw_r_em_apa_i_nbWhFbAWN1BKV
- https://www.amazon.co.uk/dp/B01KGN08HU/ref=cm_sw_r_em_apa_i_a-VhFbH7PMD6Q